

# MYOPIC PROGRESSION RISK FACTORS



**AGE OF ONSET** 9 or younger

## FAMILY HISTORY

Are parents, grandparents or siblings myopic?



## RATE OF PROGRESSION

-1.00 Diopter or more per year.

## ETHNICITY

Asian heritage. Over 80% of Asian children are myopic.



## NEAR WORK

2 hours or more per day (not including school-time).

## TIME SPENT OUTDOORS

Averaging less than 2 hours per day.



**3 OR MORE = HIGH RISK**